



CORONAVIRUS - GUIDELINES/INSTRUCTIONS FOR BURGH BEAUTIFUL ACTIVITIES –22 March 2020; revised 6 April 2020

Introduction

Unlike the activities of most community groups in Linlithgow, Burgh Beautiful gives the opportunity for many to participate in health-giving activity in the open air, giving permitted daily exercise, lifting the spirits and giving the community something to admire as things improve in the summer.

However, we must **at all times** heed the Government's 'social distancing' advice during the 'lockdown' and beyond, whether staying at home or keeping a safe distance from others. This particularly applies to the 'at risk' groups, those over 70 years of age or with a known underlying medical condition.

If you have any symptoms of illness, please **do not** be tempted to participate in any Burgh Beautiful activities outside your own home, no matter how enticing these activities might be!

Contact **must** be minimised in duration and members are asked to keep **at least ten feet/three metres** away if they happen to be briefly in the same place at any one time.

Precautions at Clarendon Base

Individuals may call at Clarendon in connection with Burgh Beautiful activities but should normally do so entirely on their own and only as part of permitted exercise. All **must** wash their hands with soap and water before and after they have visited the site.

All activities which require the contributions of several people will be undertaken on a rota basis for individuals in multiples of one hour (or on a whole evening basis). Jean Long, the Burgh Beautiful secretary or some other designated person shall collate the names against time periods for any such activity. Such activities include adding wicks to hanging baskets, filling baskets with compost and planting baskets.

Personal security risks are much less than previously because of the building work going on next door, but, if any volunteers/members are concerned about personal safety, in exceptional cases two people may be present on site, but they **must not** work anywhere near each other, for example only one person may work in the polytunnel at any one time.

During periods where work is being done at Clarendon for most of the day, all relevant gates and doors **must** be left open all day to minimise hand contact with handles, padlocks and key safes (all of which should be carefully sanitised at the beginning and end of the day with the materials provided in the polytunnel). However, the main gate should always be padlocked and relevant surfaces sanitised on leaving, if nobody is present and somebody is expected later.

With regard to plant deliveries and distribution, this will have to be a much longer process than normal. No distribution from the site will take place before the first of June. No more than **two** people should be in attendance at delivery times and these people **must** adhere to social distancing. Volunteers/members will be expected to book a time to collect their plants (and any compost or fertiliser), not before 2pm on the day of delivery and probably extending into the following day. The time slots will be twenty minutes and members are requested to arrive and leave timeously.

Precautions on Site

No planting outwith Clarendon will be undertaken before the first of June. Planting, weeding and other normal activities should be undertaken on an individual basis as part of permitted daily exercise (unless done by couples who live in the same house are not self-isolating). Volunteers/members **must** keep a safe distance from other people which is best achieved by keeping the head down when working and the temptation to converse with others should be resisted at all costs.

These guidelines/instructions will apply until over-ruled by Government decisions or until further notice. Please print this out for future reference.